

Matrix Theatre Company
Eat Me
 by Suzanna Walters



A compelling insight into the cruel and prevalent eating disorder through three characters fighting to regain control over their lives based on real life experiences.

Suzanna Walters, writer of **Eat Me**, said 'Everything that happens in the play to either Libby, Kate or Jonathan happened to me or to someone I know. These stories are based on true-life events; they are real. I want to share these to help others gain an understanding of the way Anorexia can take control of a person's life.'

Matrix Theatre Company also produces plays on a variety of mental health subjects including early psychosis, schizophrenia and eating disorders. They regularly perform in Secondary Schools and provide follow-up support supplied by mental health teams. The company have also supplied workshops on bullying, stress and cyber bullying.

Eat Me's director, **Sally McCormack** adds, 'I know from my previous experience that audiences are hungry for a truthful but engaging insight into the conditions that can face any one of us. Anorexia really doesn't seem to distinguish gender, education or upbringing. In giving Anorexia a voice of its own, writer **Suzanna Walters** has so brilliantly allowed us to see it wheedling its way into our lives but also to see how it can be defeated.'

Following Eating Disorder Day on 2nd June, an ambitious fundraising initiative was launched to help raise money for a 4-week season for the acclaimed Edinburgh Fringe Festival of **EAT ME** to raise awareness of anorexia that aims to raise £25,000 for access performances, the cost of costumes, sets, venue hire and travel costs amongst others. They are also raising money for **BEAT**; a national charity that supports people of all ages and backgrounds with eating disorders. 5% of **JustGiving** money raised will be donated to the charity. Those wishing to donate have the chance to be mentioned in the company blog, meet and greet the cast, receive tickets to the production with signed photos or attend an exclusive meet and greet with the writer and director.

For further information and to make a donation, however small, please go to:
www.justgiving.com/crowdfunding/eatmetheplay
www.beateatingdisorders.org.uk

'So powerful and emotional' **Audience Member**

Listings Information

Venue C aquila, Roman Eagle Lodge, Johnston Terrace, Edinburgh EH1 2PW, venue 21
 Dates 2-27 Aug
 Time 17:35 (1hr15)
 Ticket prices £8.50-£10.50 / concessions £6.50-£8.50 / under 18s £4.50-£6.50
 C venues box office 0131 581 5555 / www.CtheFestival.com/2018/eat-me
 Fringe box office 0131 226 0000 / www.edfringe.com

C venues
 vibrant vivacious variety

general manager
 Rosie Wake
artistic director
 Hartley T A Kemp

year round administration
C venues London
 5 Alexandra Mansions
 Chichele Road
 London NW2 3AS

during the Fringe in August
C venues Edinburgh
 Adam House
 Chambers Street
 Edinburgh EH1 1HR
 Ticket collection at any C venue

press office tel 0131 581 5550
 box office tel 0131 581 5555

email press@Cvenues.com
www.Cvenues.com

C venues

For further information, images and interview availability please contact Mandy Rose at Matrix Theatre Company on 0745 436 5421 / mandyrose@msevenpublicrelations.co.uk or the C venues press office on 0131 581 5550 / press@cvenues.com

The Edinburgh Festival
fringe